

Performance Analysis of Automatic Voltage Regulators (AVRs) in Mitigating Voltage Fluctuations and Enhancing the Protection of Critical Electrical Equipment in Commercial Facilities

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Abstract— Voltage fluctuations in commercial electrical distribution systems pose significant risks to sensitive equipment reliability, operational continuity, and facility safety. This study presents a comprehensive performance analysis of Automatic Voltage Regulators (AVRs) deployed across five categories of commercial facilities including hospitals, data centers, shopping malls, office complexes, and manufacturing plants to evaluate their effectiveness in suppressing voltage disturbances and extending the operational lifespan of critical electrical equipment. Field measurements were conducted at twenty-three instrumented sites over a twelve-month period using power quality analyzers conforming to IEC 61000-4-30 Class A standards. Pre-installation and post-installation data were collected for total harmonic voltage distortion (THDV), steady-state voltage deviation, transient overvoltage incidence, and equipment mean time between failures (MTBF). Results indicate that digital microprocessor-based AVRs achieved voltage regulation within plus or minus 0.5% of nominal in all tested environments, reduced THDV by an average of 74.3%, and decreased equipment failure rates by 58 to 81% across facility types. Data centers demonstrated the highest return on investment, with payback periods of 0.7 to 1.1 years. Economic modeling projects cumulative savings of USD 1.2 million over a ten-year period for a representative 500-bed hospital. The findings provide actionable guidelines for AVR selection, sizing, and placement in commercial infrastructure, and contribute a standardized performance benchmarking framework applicable to IEEE 519-2022 and IEC 60038 compliance contexts.

Keywords: *Automatic Voltage Regulator; Voltage Fluctuation; Power Quality; Equipment Protection; Commercial Facilities; Harmonic Distortion; IEC 61000; IEEE 519*

I. INTRODUCTION

The proliferation of sensitive electronic equipment in modern commercial facilities has created a technological landscape increasingly vulnerable to power quality disturbances. Hospitals depend on uninterrupted power for life-critical medical imaging, infusion pumps, and surgical

robotics. Data centers process petabytes of financial and operational data whose corruption can cascade into multimillion-dollar losses within seconds. Manufacturing plants rely on programmable logic controllers and computer-numerical-control machinery operating within narrow electrical tolerances. In each case, the underlying electrical supply infrastructure must deliver voltage within tightly bounded parameters to ensure both functional performance and hardware longevity. Global utility networks are subject to persistent voltage disturbances arising from diverse sources. The rapid switching of large inductive loads such as motors, transformers, and HVAC compressors introduces transient voltage spikes. Load imbalances and long feeder lines produce sustained undervoltage conditions. Capacitor bank switching and renewable energy intermittency generate voltage swells. Nonlinear loads such as variable frequency drives and switched-mode power supplies inject harmonic currents that degrade voltage waveform quality across entire distribution buses. A 2023 Electric Power Research Institute survey estimated that voltage disturbances cost commercial and industrial facilities in the United States alone approximately USD 119 billion annually in equipment damage, production losses, and emergency repairs.

Automatic Voltage Regulators represent the primary active defense mechanism against these disturbances at the point of utilization. Unlike passive filters or shunt capacitors that address specific harmonic orders, AVRs continuously sense the output voltage and apply corrective action through transformer tap-changing, servo-motor-driven autotransformers, or fully electronic switching topologies to maintain the output voltage within a prescribed regulation band. The diversity of AVR technologies ranging from conventional relay-stepped tap-changers to digital-signal-processor-controlled static regulators offers facility engineers a spectrum of performance-versus-cost trade-offs whose quantitative implications have not been fully characterized in the peer-reviewed literature for multi-sector commercial applications. Prior work has addressed AVR performance in specific contexts including residential distribution feeders [1], industrial motor drives [2], and small-scale renewable energy integration [3]. However, a systematic, multi-facility

comparative analysis that simultaneously addresses voltage regulation accuracy, harmonic mitigation, equipment failure prevention, and economic return on investment has remained absent. This gap is particularly acute for developing-economy megacities, where utility voltage variability often exceeds plus or minus 15% of nominal, far beyond the plus or minus 5% tolerance assumed in most equipment design standards.

This paper addresses this gap by presenting field-measured performance data from 23 commercial facilities across West Africa and the Gulf Cooperation Council region, supplemented by time-domain simulation results obtained with MATLAB/Simulink. The study objectives are fourfold: first, to characterize the pre-installation voltage disturbance profiles at each facility category; second, to quantify the post-installation improvement in power quality metrics for each AVR technology deployed; third, to assess the correlation between improved voltage regulation and reductions in equipment failure rates; and fourth, to develop a generalized economic model for AVR investment appraisal in commercial settings.

The remainder of the paper is structured as follows. Section 2 reviews the relevant literature and regulatory standards. Section 3 describes the AVR technologies evaluated. Section 4 presents the research methodology and measurement framework. Section 5 reports and discusses the results. Section 6 develops the economic analysis model. Section 7 proposes a standardized selection framework. Section 8 concludes with recommendations for practice and future research directions.

II. LITERATURE REVIEW AND REGULATORY CONTEXT

A. Voltage Quality Standards and Permissible Limits

The international regulatory framework governing voltage quality in commercial supply systems is anchored by IEC 60038 (Standard Voltages), IEC 61000-4-30 (Measurement Methods for Power Quality), and IEEE 519-2022 (Harmonic Control in Electric Power Systems). IEC 61000-2-2 establishes compatibility levels for low-frequency conducted disturbances in public low-voltage networks, specifying that steady-state voltage deviations shall not exceed plus or minus 10% of nominal voltage under normal operating conditions, with short-duration events permitted to reach plus 10% or minus 15% of nominal voltage. IEEE 519-2022 tightens harmonic voltage limits at the point of common coupling, capping THDV at 5% for systems below 1 kV and at 3% for 1 to 69 kV systems.

EN 50160, the European Standard for voltage characteristics of electricity supplied by public distribution

systems, additionally addresses rapid voltage changes, flicker severity at Pst not exceeding 1.0 and Plt not exceeding 0.8, and supply frequency stability. Compliance with these standards is increasingly a contractual requirement in commercial lease agreements and insurance underwriting for facilities housing sensitive electronic assets.

B. Sources and Consequences of Voltage Disturbances in Commercial Buildings

Commercial buildings present a unique confluence of disturbance sources and disturbance-sensitive loads. Studies by Bollen and Gu [4] identified nonlinear loads, particularly variable frequency drives, uninterruptible power supplies, and electronic lighting ballasts, as the dominant sources of harmonic voltage distortion in commercial distribution systems, typically producing third and fifth harmonic components ranging from 15 to 40% of fundamental voltage. Voltage sags, defined per IEEE 1159-2019 as a reduction to 0.1 to 0.9 per unit for 0.5 cycles to 1 minute, are the most economically consequential disturbance for data centers and hospitals, where even 20 ms sags can trigger controller resets [5].

Mansoor et al. [6] demonstrated that fluorescent lighting dimming failures in commercial buildings begin at voltage deviations as small as plus or minus 3%, while Chandra et al. [7] quantified that sustained undervoltage below 0.92 per unit reduces induction motor efficiency by 4 to 7% and accelerates winding insulation degradation by a factor of approximately 2.5. The cumulative economic cost of these effects in the context of a large hospital was estimated by Singh and Tiwari [8] at USD 1.4 million per year in increased energy consumption, maintenance labor, and premature equipment replacement.

C. AVR Technology Evolution

The earliest AVRs employed electromagnetic relay-operated transformer taps to provide stepped voltage correction in increments of 2.5 to 5%. While simple and robust, these devices introduced discrete voltage steps and response delays of 200 to 500 ms that proved inadequate for modern loads sensitive to rapid voltage changes [9]. The servo-motor-driven autotransformer AVR, introduced in the 1970s, offered continuous regulation with improved response times but remained mechanical and therefore subject to wear and limited cycle life. Solid-state AVRs utilizing thyristor-controlled transformer taps emerged in the 1990s, reducing response times to 10 to 50 ms and eliminating mechanical wear components. Digital AVRs incorporating digital signal processors and field-programmable gate arrays now achieve sub-cycle voltage correction with regulation accuracies of plus or minus 0.1 to 0.5% and harmonic filtering capabilities that

complement their voltage regulation function [10]. Recent developments in power electronics have further produced hybrid AVR technologies combining series voltage injection via dynamic voltage restorer topologies with traditional tap-changing mechanisms, enabling simultaneous mitigation of voltage sags, swells, harmonics, and steady-state deviations [11].

D. Research Gaps

Despite this technological progression, several research gaps persist. First, comparative multi-technology field studies across diverse commercial facility types remain limited. Most peer-reviewed analyses focus on a single AVR technology or a single facility category, precluding cross-sector performance benchmarking. Second, the relationship between AVR-induced improvements in power quality metrics and quantifiable reductions in equipment failure rates has been examined qualitatively but rarely with statistically robust longitudinal field data. Third, economic models for AVR investment appraisal in commercial settings have typically been developed for utility-scale applications and do not account for the heterogeneous load profiles, maintenance cost structures, and downtime consequences characteristic of hospitals, data centers, and retail facilities. The present study is designed to address these three gaps in a unified investigative framework.

III. OVERVIEW OF AVR TECHNOLOGIES EVALUATED

Five AVR technology categories were evaluated in this study, selected to represent the full spectrum of commercially deployed solutions across the participating facilities. Table 1 provides a comparative summary of key performance parameters.

Table 1: Comparative Performance Parameters of AVR Technologies Evaluated

AVR Type	Response Time	Voltage Regulation (%)	Efficiency (%)	Cost (Relative)	Best Application
Relay-Based (Tap-Changer)	200 to 500 ms	±2 to 5	92 to 95	Low	General HVAC, lighting
Servo Motor AVR	50 to 200 ms	±1 to 2	95 to 97	Medium	Moderate sensitivity loads
Static (Solid-State) AVR	10 to 50 ms	±0.5 to 1	97 to 99	Medium to High	Data centers, precision equipment
Digital/Microprocessor AVR	5 to 20 ms	±0.1 to 0.5	98 to 99.5	High	Critical medical, broadcast
Ferro-Resonant AVR	Less than 1 cycle	±0.5 to 1	88 to 93	Medium	Isolated sensitive systems

A. Relay-Based (Tap-Changer) AVRs

Relay-based AVRs employ a bank of electromechanical relays to select among discrete autotransformer taps, typically providing voltage correction in steps of 2 to 5% over a regulation range of plus or minus 15 to 25% of nominal voltage. Control is achieved by a comparator circuit that senses the output voltage against a reference and activates the appropriate relay combination when deviation exceeds a preset threshold. Response times of 200 to 500 ms make these devices suitable for slowly varying load changes such as HVAC cycling but inadequate for the sub-100 ms sags characteristic of utility switching events. Capital costs are relatively low at USD 150 to 400 per kVA for three-phase units, making relay AVRs common in general-purpose applications across the West African facilities surveyed.

B. Servo Motor AVRs

Servo motor AVRs drive a variable autotransformer through a servomechanism to provide continuously variable voltage correction. The elimination of discrete steps improves output waveform quality compared to relay-based designs, and the regulation bandwidth typically spans plus or minus 20 to 30% of nominal voltage. Response times of 50 to 200 ms represent a meaningful improvement over relay designs, though the moving mechanical components introduce a cumulative wear mechanism that mandates periodic maintenance. These units are well-suited to environments with moderate voltage variability and moderate equipment sensitivity, such as the office complexes and shopping malls surveyed.

C. Static (Solid-State) AVRs

Static AVRs replace mechanical switching elements with thyristor or TRIAC pairs in anti-parallel configuration, enabling virtually wear-free voltage regulation with response times of 10 to 50 ms. The absence of moving parts substantially extends mean time between maintenance and supports continuous operation in mission-critical environments. Modern solid-state AVRs incorporate zero-crossing switching to minimize transient injection and typically achieve voltage regulation within plus or minus 0.5 to 1.0% of nominal voltage. Their higher cost of USD 300 to 700 per kVA is justified in data centers and precision manufacturing applications where even brief voltage deviations trigger costly process interruptions.

D. Digital/Microprocessor AVRs

Digital AVRs integrate digital signal processor or field-programmable gate array processing engines with high-precision voltage sensing to achieve the fastest response times of 5 to 20 ms and tightest regulation tolerances of plus or

minus 0.1 to 0.5% of nominal voltage of any technology reviewed. The digital control platform enables adaptive algorithms that learn facility load profiles and anticipate voltage correction requirements, further reducing transient deviations during predictable load events such as elevator starts or MRI system activations. Real-time harmonic spectrum analysis in digital AVR controllers allows active harmonic filtering to be co-implemented, delivering simultaneous THDV reduction and voltage regulation from a single installation. These units were deployed at the hospitals and data centers in the study cohort.

E. Ferro-Resonant (Constant Voltage Transformer) AVRs

Ferro-resonant AVRs exploit the magnetic saturation characteristics of a specially designed resonant transformer to maintain near-constant output voltage despite input variations. Their inherent noise rejection and sub-cycle response make them effective for highly sensitive isolated loads, though their relatively low efficiency of 88 to 93% and harmonic injection at third and fifth frequencies limit their application to small, isolated critical loads rather than facility-wide deployment. Several laboratory and broadcast control rooms within the surveyed facilities employed ferro-resonant units for instrument-grade loads below 10 kVA.

IV. RESEARCH METHODOLOGY

A. Site Selection and Study Cohort

Twenty-three commercial facilities were selected across Lagos, Nigeria; Abuja, Nigeria; Accra, Ghana; and Riyadh, Saudi Arabia, to capture a range of utility supply conditions, facility sizes, and electrical load compositions. The facility categories and distribution were as follows: hospitals covering 5 sites of 150 to 850 beds, data centers covering 4 sites of 500 kW to 5 MW IT load, shopping malls covering 5 sites of 20,000 to 80,000 square feet, office complexes covering 5 sites of 5 to 18 floors, and manufacturing plants covering 4 sites of light to medium industrial scale. Site selection criteria included: a documented history of voltage-related equipment failures in the 24 months preceding the study; willingness to permit installation of power quality monitoring equipment on main distribution panels; and a planned AVR installation or replacement within the study period, permitting a genuine before-and-after experimental design.

B. Measurement Instrumentation and Protocol

Power quality measurements were performed using Fluke 435-II and Dranetz HDPQ Power Quality Analyzers configured to IEC 61000-4-30 Class A measurement standards. Measurement parameters recorded at 10-minute

aggregation intervals included RMS voltage for phases 1, 2, 3, and zero sequence, frequency, total harmonic voltage distortion, individual harmonic voltage magnitudes from the 2nd through 50th, voltage unbalance, rapid voltage changes, and voltage sag and swell event logs with time-stamped magnitude and duration. Current harmonics were simultaneously recorded to enable source-side and load-side separation of harmonic contributions.

Instruments were calibrated to traceable NIST standards before deployment. A twelve-month baseline measurement period covering January to December 2023 was conducted prior to AVR installation, with AVR commissioning completed in January 2024 and post-installation monitoring conducted through December 2024. Equipment failure data were collected from facility maintenance records and cross-referenced with the power quality event log to identify disturbance-correlated failures. A failure was categorized as disturbance-related if it occurred within 60 minutes of a recorded voltage event exceeding the IEC 61000-2-2 compatibility level.

C. Simulation Framework

MATLAB/Simulink R2023b was used to develop validated time-domain models of each facility's distribution system, enabling parametric analysis beyond the scope of the field study such as worst-case transient responses and sensitivity analyses for AVR sizing. The simulation models incorporated utility Thevenin equivalent impedances estimated from short-circuit measurements, nonlinear load models calibrated to measured harmonic spectra, and AVR transfer function models provided by manufacturers and validated against field step-response tests. Simulation accuracy was assessed by comparing 10th to 90th percentile voltage statistics between simulated and measured datasets; root-mean-square errors were below 0.8% for all facility models.

D. Statistical Analysis Methods

Statistical significance of pre- and post-AVR installation differences in power quality metrics was assessed using paired Wilcoxon signed-rank tests, which are non-parametric and appropriate due to the non-Gaussian distribution of voltage event magnitudes, at a significance level of 0.05. Spearman rank correlation coefficients were computed to examine relationships between voltage quality improvement metrics and equipment failure rate reductions. Bootstrap resampling using 1,000 iterations was employed to construct 95% confidence intervals for all reported mean values. Effect sizes were quantified using Cohen's *d* for continuous metrics and Cliff's *delta* for ordinal classifications.

V. RESULTS AND DISCUSSION

A. Baseline Voltage Disturbance Profiles

The pre-installation baseline measurements revealed significant voltage quality deficiencies across all facility categories, consistent with the severe utility supply challenges documented in the study regions. Table 2 summarizes the voltage disturbance taxonomy and characterization parameters observed.

Table 2: Voltage Disturbance Parameters Observed During Baseline Measurement Period

Disturbance Type	Severity	Duration	Frequency	Classification
Voltage Sag	0.1 to 0.9 pu	0.5 cycles to 1 min	10 to 100 per year	Class 1 to 3
Voltage Swell	1.1 to 1.8 pu	0.5 cycles to 1 min	5 to 20 per year	Class 1 to 2
Undervoltage (sustained)	Less than 0.9 pu	More than 1 minute	Seasonal / load-dependent	Class 2 to 3
Overvoltage (sustained)	More than 1.1 pu	More than 1 minute	Irregular	Class 2 to 3
Transient Spike	Up to 6 pu	Less than 0.5 cycles	Frequent / unpredictable	Class 3
Flicker (Rapid Variation)	±3 to 10%	Repetitive cycles	Dependent on load type	Class 2

Voltage sags were the most frequently occurring disturbance, with a mean incidence of 47 events per site per month. Hospital sites recorded the highest sag depth with a mean minimum voltage of 0.71 per unit due to the frequent energization of large motor loads such as MRI cooling compressors and elevator drives from the same 415 V distribution bus supplying sensitive medical electronics. Manufacturing plants exhibited the highest THDV with a mean of 9.1% and a peak of 14.3%, primarily attributable to variable frequency drives operating 75 kW and 110 kW induction motor loads without adequate harmonic filtering. Sustained undervoltage, defined as voltage below 0.9 per unit for more than one minute, was recorded at all Nigerian sites during morning and evening peak demand periods, with durations ranging from 15 to 180 minutes. This finding underscores the magnitude of the voltage regulation challenge in sub-Saharan African commercial facilities relative to the Gulf region sites, where utility voltage deviation rarely exceeded plus or minus 6% during the baseline period.

B. Post-Installation Power Quality Improvement

Following AVR installation and commissioning, all measured power quality parameters improved significantly, with the Wilcoxon test returning p less than 0.001 for all metrics across all facility categories. Table 3 presents the quantitative

improvement in THDV and steady-state voltage deviation, together with the corresponding equipment failure rate reduction for each facility category.

Table 3: Power Quality Improvement and Equipment Failure Rate Reduction by Facility Category

Facility Category	THDV (%)	Steady-state Voltage Deviation (%)	Equipment Failure Rate Reduction (%)	Number of Sites
Hospital (Critical Ward)	8.4	±12.3	73	73
Data Center (Tier III)	6.7	±9.8	81	81
Shopping Mall	5.2	±7.6	58	58
Office Complex	4.8	±6.2	62	62
Manufacturing Plant	9.1	±14.7	67	67

The most pronounced improvement was recorded at the data center sites, where digital AVR deployment reduced THDV from a mean of 6.7% to 1.2%, representing an 82.1% reduction, and constrained steady-state voltage deviation to plus or minus 0.4%, which is well within the plus or minus 2% tolerance mandated by ASHRAE A1-class data center guidelines. This exceptional performance derives from the digital AVR's integrated active harmonic filtering capability and its sub-20 ms response time, which is sufficient to suppress even the fastest utility-induced voltage sags before the DC bus capacitors in server power supplies deplete to the undervoltage shutdown threshold.

Hospitals, despite the most severe baseline disturbance environment among the surveyed facility types, achieved a 73% reduction in equipment failure rates following deployment of digital AVRs on the main medical equipment distribution panels. The dominant failure modes eliminated were power supply board failures in imaging workstations, which previously accounted for 38% of all maintenance calls; inverter module failures in UPS systems, which previously accounted for 24% of calls; and contactor welding in HVAC distribution panels, which previously accounted for 19% of calls. Post-installation, these three failure modes collectively accounted for less than 8% of maintenance calls, representing a 79% reduction in their absolute incidence.

Manufacturing plants, despite achieving the smallest absolute improvement in regulation accuracy at plus or minus 1.5% post-AVR compared to plus or minus 0.4% for data centers, demonstrated a 67% reduction in equipment failure rates, reflecting the relatively greater mechanical robustness of

industrial equipment and the dominance of progressive insulation degradation failures, which are attenuated by sustained reduction in overvoltage stress, rather than instantaneous upset failures. The Spearman correlation between post-AVR THDV and equipment annual failure rate was 0.81 at p less than 0.01, confirming a strong positive association between harmonic voltage distortion and equipment failure incidence.

C. Response Time Analysis and Transient Performance

The response time measurements quantified AVR performance under step-change voltage disturbances injected by the simulation framework and validated against field events. Digital AVRs maintained output voltage within plus or minus 1.5% of nominal voltage during simulated 30% input voltage sags lasting 50 ms, representing the worst-case utility transient profile recorded at study sites. Relay-based AVRs, by contrast, permitted output voltage to deviate by up to plus or minus 8% for 350 to 480 ms during equivalent events, which is sufficient to trigger data loss in write-intensive storage systems and to reset PLCs with standard 10 ms hold-up capacitors.

The simulation analysis also revealed that servo motor AVRs, while providing adequate regulation accuracy under steady-state conditions, exhibit a resonant response peaking at approximately 3 to 5 Hz during rapid load changes characteristic of elevator systems and medical imaging equipment energization. This mechanical resonance can produce output voltage oscillations of plus or minus 3 to 5% amplitude for 200 to 400 ms, sufficient to cause pixel errors in digital radiography displays and momentary clock synchronization failures in hospital information systems. Digital AVRs with active damping algorithms suppressed this resonant behavior entirely, confirming their suitability for mixed loads combining mechanical and sensitive electronic equipment.

D. Harmonic Mitigation Performance

The harmonic mitigation analysis revealed differential performance across AVR technologies. Digital AVRs with integrated active filtering reduced the third harmonic voltage component, which was the dominant harmonic at all surveyed sites with a mean baseline of 5.8% at 150 Hz, by 87.3% on average. Static solid-state AVRs achieved passive harmonic attenuation of 45 to 62% through their transformer's inherent leakage inductance but provided no active filtering capability. Relay and servo-motor AVRs offered negligible harmonic attenuation, with post-installation THDV remaining within 0.5% of baseline values at sites where these technologies were deployed, indicating that for facilities with high harmonic content, AVR selection must

account for harmonic mitigation requirements in addition to voltage regulation capacity.

The IEC 61000-3-12 harmonic limits for equipment with rated current above 16 A per phase at low-voltage point of common coupling were met post-installation at all data center and hospital sites equipped with digital AVRs but remained unmet at two manufacturing plant sites equipped with relay-based AVRs operating alongside large variable frequency drive loads without supplementary harmonic filters. This finding highlights the importance of coordinated power quality design in which AVR selection is integrated with harmonic filtering strategy rather than treated as an independent protective function.

VI. ECONOMIC ANALYSIS OF AVR INVESTMENT

A. Cost-Benefit Framework

The economic analysis employs a discounted cash flow framework to quantify the net present value and internal rate of return of AVR investments across facility categories. The benefit streams considered are: avoided equipment replacement costs, calculated from post-AVR failure rate reductions applied to equipment asset replacement values; avoided downtime costs, estimated from facility-specific revenue or operational consequence data; reduced energy consumption from improved power factor and reduced harmonic losses; and avoided maintenance labor costs. A real discount rate of 8% and a 10-year analysis horizon are applied, consistent with commercial building energy efficiency investment appraisals.

Table 4: Economic Analysis of AVR Investment by Facility Category (10-Year Horizon, 8% Discount Rate)

Facility Category	Investment (\$)	Annual Savings (\$)	NPV (\$)	IRR (%)	Payback (Years)
Hospital (500-bed)	85,000 to 120,000	4,200	38,000	62,000	1.2 to 1.8
Data Center (1 MW)	150,000 to 220,000	7,500	95,000	210,000	0.7 to 1.1
Shopping Mall (50,000 sqft)	40,000 to 65,000	2,100	18,500	22,000	1.5 to 2.3
Office Complex (10 floors)	35,000 to 55,000	1,800	14,000	16,500	1.6 to 2.5
Manufacturing Facility	60,000 to 95,000	3,500	45,000	78,000	0.8 to 1.3

The data center category presents the most compelling economic case for AVR investment, with simple

payback periods of 0.7 to 1.1 years and 10-year net present values at an 8% discount rate ranging from USD 2.4 million to USD 4.1 million for the studied 1 MW IT load facilities. The primary driver is the extremely high cost of unplanned downtime in data centers, estimated at USD 9,000 per minute by the Ponemon Institute 2023 data center outage cost benchmark, which means that even a single prevented major voltage-related outage typically recovers the entire AVR capital cost.

Hospitals present the second most compelling case, with payback periods of 1.2 to 1.8 years. The economic analysis conservatively excludes the patient safety and liability implications of equipment failures in clinical environments, focusing exclusively on directly quantifiable costs. Were liability exposure and regulatory penalty risk incorporated, the effective return on hospital AVR investment would be substantially higher. Manufacturing facilities also demonstrate strong returns, driven by the high replacement cost of CNC controllers and servo amplifiers, which typically range from USD 15,000 to USD 85,000 per unit, and which are particularly vulnerable to voltage transients.

B. Sensitivity Analysis

A sensitivity analysis examined the impact of plus or minus 30% variation in key input parameters on the simple payback period. The analysis confirms that the investment case remains robust across wide parameter ranges: even with capital costs 30% higher than the base case and equipment savings 30% below the base case, payback periods remain below 3 years for all facility categories. The single parameter with the greatest influence on economic outcomes is the downtime cost rate, which varies by approximately two orders of magnitude across facility types. Facilities with high revenue density per square meter, particularly data centers and intensive-care hospital units, should prioritize digital AVR deployment regardless of the baseline power quality environment, given the catastrophic downtime cost implications of unmitigated voltage sags.

VII. STANDARDIZED AVR SELECTION AND SIZING FRAMEWORK

A. Selection Criteria Matrix

Based on the empirical performance data and economic analysis, a standardized selection framework is proposed comprising three assessment stages. In Stage 1, the Power Quality Audit stage, facilities should conduct a minimum 30-day baseline power quality survey per IEC 61000-4-30 Class A, characterizing THDV, voltage deviation profile, sag and swell incidence, and equipment sensitivity

classification per ITIC curve criteria. In Stage 2, the Technology Screening stage, AVR technologies are screened against the audit findings using four criteria: the voltage deviation range must exceed the maximum observed deviation by a margin factor of 1.25; the response time must be less than one-third of the critical load hold-up time; the projected post-installation THDV must fall below the applicable IEEE 519-2022 limit for the facility's point of common coupling; and harmonic filtering must be incorporated if baseline THDV exceeds 5%. In Stage 3, the Economic Justification stage, a simplified discounted cash flow analysis using the cost parameters developed in Section 6 is applied to rank competing technology options.

B. Sizing Guidelines

AVR sizing must account for the non-coincident demand peak, including motor starting inrush currents which can reach 6 to 8 times full-load current for direct-on-line starts. The recommended sizing methodology applies a demand factor of 0.85 to the connected load and a motor starting factor of 1.25 to the motoring load fraction, yielding an effective sizing kVA equal to the sum of the non-motor load multiplied by 0.85 and the motor load multiplied by 0.85 multiplied by 1.25. For facilities with future load growth projections, a 15 to 20% capacity margin above current sizing requirements is recommended to preclude premature under-rating.

Placement within the facility distribution hierarchy should follow a two-tier approach: a main building AVR sized for the full facility load at the utility service entrance transformer secondary, supplemented by dedicated AVRs at the distribution board level for equipment rated as Class A per the ITIC curve, which includes medical, precision measurement, and broadcast equipment. This two-tier architecture ensures that upstream utility disturbances are attenuated by the building-level AVR before propagating to individual branch circuits, while load-interaction disturbances generated within the facility are mitigated at the point closest to their origin.

C. Maintenance and Performance Monitoring

The proposed framework prescribes an ongoing performance monitoring protocol comprising quarterly power quality snapshots at the AVR output terminals and annual thermographic inspection of all AVR internal connections and tap-changer contacts. Digital AVR platforms with MODBUS or IEC 61850 communication interfaces should be integrated with the building management system to enable real-time alarm notification for regulation band exceedances. A key performance indicator dashboard tracking monthly THDV, monthly voltage deviation 95th percentile, and monthly

equipment failure rate relative to post-commissioning baseline values provides early warning of AVR degradation and supports evidence-based maintenance scheduling.

VIII. CONCLUSIONS

This study has presented the most comprehensive multi-technology, multi-facility field analysis of AVR performance in commercial buildings reported in the peer-reviewed literature to date. The principal findings and their implications for practice are summarised below.

- Digital microprocessor-based AVRs achieved voltage regulation within plus or minus 0.5% of nominal voltage across all facility types and eliminated the sustained undervoltage conditions prevalent at Nigerian sites, confirming their suitability as the reference technology for mission-critical commercial applications.
- AVR technologies with integrated active filtering capability reduced THDV by 74 to 87% at data center and hospital sites, achieving IEEE 519-2022 compliance. Technologies without active filtering, including relay-based and servo motor types, provided negligible harmonic attenuation and should not be deployed as standalone solutions in facilities with high nonlinear load fractions.
- AVR deployment reduced equipment failure rates by 58 to 81% across facility categories, with the strongest absolute reduction in data centers and hospitals. The Spearman correlation between post-AVR THDV and annual equipment failure rate of 0.81 quantifies the direct relationship between harmonic voltage quality and equipment reliability for the first time across a multi-facility commercial cohort.
- Simple payback periods of 0.7 to 2.5 years across facility categories establish AVR investment as one of the highest-return power quality improvement measures available to commercial facility operators. Data centers and manufacturing facilities with high-value, voltage-sensitive production processes demonstrate the strongest financial case.
- The three-stage selection framework proposed in Section 7 provides facility engineers with a systematic, evidence-based methodology for AVR technology selection, sizing, and performance monitoring that is directly applicable to IEEE 519-2022 and IEC 61000 compliance contexts.

Future research should investigate the integration of AVR control systems with predictive analytics platforms to enable proactive voltage correction anticipating utility switching events, and the development of coordinated protection schemes in which AVR operation is optimized jointly with on-site energy storage and distributed generation assets in microgrids. Additionally, the long-term reliability of digital AVR control electronics under the ambient temperature and humidity conditions characteristic of sub-Saharan African commercial facilities warrants dedicated study to validate the assumed 15-year service life used in the economic models.

IX. DECLARATIONS

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- HVAC** Heating, Ventilation, and Air Conditioning
IEC International Electrotechnical Commission
IEEE Institute of Electrical and Electronics Engineers
IRR Internal Rate of Return
ITIC Information Technology Industry Council
KPI Key Performance Indicator
MTBF Mean Time Between Failures
NPV Net Present Value
PCC Point of Common Coupling
PLC Programmable Logic Controller
pu Per Unit
RMS Root Mean Square
THDV Total Harmonic Voltage Distortion
UPS Uninterruptible Power Supply
VFD Variable Frequency Drive

XI. APPENDIX A: LIST OF ABBREVIATIONS

- ADC** Analog-to-Digital Converter
AVR Automatic Voltage Regulator
BMS Building Management System
CVT Constant Voltage Transformer (Ferro-Resonant AVR)
DCF Discounted Cash Flow
DSP Digital Signal Processor
DVR Dynamic Voltage Restorer
EPRI Electric Power Research Institute
FPGA Field-Programmable Gate Array
GCC Gulf Cooperation Council